



REMEDY
KITCHEN

What I love about this little bowl of goodness is not only how fast it comes together but how satisfying it will leave you, especially those who have a sweet tooth!



Nutella and Banana MOP Porridge

Ingredients

1 Cup Remedy Kitchen MOP Porridge

2 Cups Almond milk (or similar)

2 tbsp Yoghurt of your choice

1 tsp Honey (optional)

Banana

Nutella

Maple Syrup

Method

Step 1

In a small saucepan combine MOP oats, milk and honey. Stir on a medium to low heat until porridge thickens to your desired consistency. Turn heat off, stir in yoghurt.

Step 2

Top with sliced banana & nutella, or for a healthier option try nut butter and cacao nibs. Drizzle with maple syrup!

Mel 
ENJOY X

THE BEST CURE IS A NOURISHING BOWL
FROM A CARING KITCHEN

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